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the
Native Tribe of Kanatak

NEWSLETTER



Office: 907-357-5991
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Toll Free Fax: 855-526-2825
Don't forget to visit us on the web:
<http://kanatak.com/>

Kanatak Photos



Message from our President Working toward a better future

Over the past few years, the Tribal Council members have been working toward a better future for our members. We have created and maintained several programs that assist our members in various ways.

- * A program that provides low-income families with financial assistance for heating costs and monthly rent.
- * Financial assistance with vocational training
- * College scholarships
- * Assistance for our elders to help pay for prescription drugs purchased at Walmart
- * A program for our children that helps pay for music lessons, summer camp, dance, gymnastics, and other organized activities

The Council thanks you for your support and I ask that you continue to support us in our endeavor. Thank you!

– President Henry F. Forshey



2016 Youth Activity Program

Eligible members enrolled in kindergarten through 12th grade

Summer is almost here and the kids are ready to enjoy some time off from school. Encourage your child to get involved in an organized activity and apply for our Youth Activity Program to help you cover the costs. This program assists with costs of organized activities such as:

- Cultural Dance/Performance Groups
- Sports Programs
- Summer Camps/Weekend Camps
- Boy/Girl Scouts
- Music Lessons
- Rental of Musical Instrument for Band
- Boys/Girls Clubs Activities
- After School Activity Programs/Clubs
- Church Activities
- Other Kanatak Tribal Council approved **organized activities**

**School tuition is not an eligible activity*

Youth Activity Requirements

- Enrolled Kanatak Tribal Member
- 18 years of age or younger
- Must be enrolled in school (Elementary/Middle/High)
- Agree to actively participate for the duration of the activity applied for
- Must supply a copy of the completed application for the Activity and a Kanatak Youth Activity Program Application

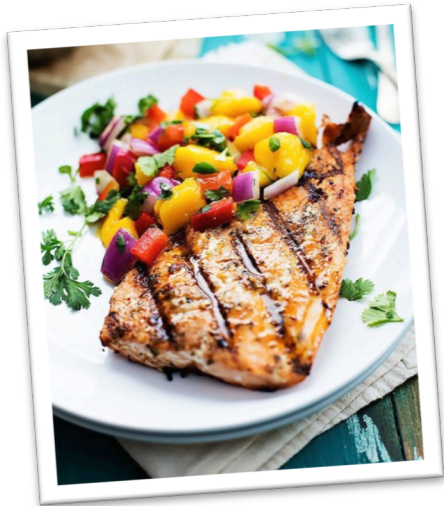
Call the office today at 907-357-5991 for more details and an application!



Applications can also be found on our website at:
<http://kanatak.com/applications.html>

Spring has finally sprung!
Let's get grilling!

Grilled Salmon with Mango Salsa



Ingredients

- * 4 6-ounce salmon fillets
- * 1 teaspoon garlic powder
- * 1 teaspoon chili powder
- * salt and pepper to taste
- * juice of 1 lime

mango salsa

- * 2-3 mangos, diced
- * ½ red pepper, diced
- * ½ red onion, diced
- * 1 jalapeño, seeded & finely chopped
- * ¼ cup packed chopped cilantro

Instructions

1. In a medium bowl stir together mangos, red peppers, onions, jalapeños, and cilantro. Set aside until ready to use.
2. Stir together garlic powder, chili powder, and salt and pepper (I used about ½ teaspoon each). Rub mixture into salmon fillets. Grill over medium heat for 6-8 minutes on each side.
3. Squeeze fresh lime juice over grilled salmon, then top with mango salsa and serve.

Have a recipe that you'd like to share?

Just send it in and we will put it in our newsletter!
Call the office or email Tess McGowan at tessmcgowan@gmail.com

Our 2016 Graduates

Utah: Sierra Elliot

Sierra Elliot: (with her parents Bill & Krystle Elliot)
2016 Graduate of West Jordan High School



Illinois: Joey Carbone

Joey Carbone with his mom Helen
2016 Graduate of Notre Dame College Prep
High School

Good luck grads with your future plans!
We are so proud of you!

Other Accomplishments:

Savannah Shanigan: Alaska

Savannah, a 9th grade student at Wasilla High School, was selected out of 1200 students as the April Student of the Month. Savannah was also given a City of Wasilla Certificate of Recognition for her outstanding commitment to teamwork, leading the Wasilla High School Warrior Girls' Basketball Team's 2015-2016 State Championship.

Kudos to you, Savannah! Keep up the good work!



Nathan Shanigan: Alaska

Nathan: sophomore at Wasilla High School. He placed 1st Place in the Indian Stick Pull at regionals for the Native Youth Olympics. His red kuspuck was made by a team mom and is in the same colors of Wasilla High School.

Congratulations, Nathan!

Send in your photo!

Do you have any news you'd like to share? Or a favorite photo? Please send it to us so that we can share it in our Newsletter!

Members from Around the Nation

Pennsylvania

President Henry F. Forshey & his son Henry M. Forshey



Missouri

Matthew & Kathy Hansen with 3 of their children: Christopher, Nicholas & Abigail



Alaska

Jeanette Shanigan with her grandchildren: Nathan, Nichole & Savanna



Pennsylvania

Sons of Council member TJ Forshey
Joshua & Jordan are brothers & best buds



Alaska

Jimmy Starkloff of Kenai, Alaska



***Please send in photos of your family! Email them to: kanataktribe@rocketmail.com

Native Tribe of Kanatak

NEXT MEMBERSHIP MEETING:

Sunday June 12, 2015

3pm AKDT/7pm EDT

Discussion will include:

- * Upcoming Tribal election
- * Program update
- * Building update



Please contact the office with any questions!

Office: 907-357-5991

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Need to contact a TRIBAL COUNCIL member?

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